
Modern Arnis Filipino Art Stick Fighting

filipino martial arts (fma) glossary - modern arnis - s2 guntig - "scissors," a technique also referred to as "de-fanging the snake," which means wounding an opponents limb through a slapping motion as one attempts to block an incoming strike. eskrima street defense 2 - tambuli media - author's preface 3 author's preface eskrima street defense is a compilation of techniques strictly based on the practical application of the filipino year 2011 us martial arts hall of fame inductees - jonathan graces
.....structor of the year jonathan has studied the arts of tae kwon do and jeet ...

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